

# **Working with Resistance and Non-engagement with children and families**

Non-engagement is a huge challenge for practitioners. This course aims to explore methods of engagement that can be used when clients are resistant and also to explore how we as practitioners can modify our behaviour to aid this process.

## **WHO IS THIS FOR?**

Any professional within the multi-agency network working with children and families.

## **LEARNING OUTCOMES**

On completion of this course, participants will be able to:

- Have an understanding of factors contributing to resistant behaviours
- Have an increased knowledge of how to interact/strategies to use/skills we can enhance and techniques to employ;
- Understand and apply motivational interviewing skills.
- Explore the techniques that can be used when faced with aggression.

## **Training Techniques**

Group exercises /case studies,/large group discussion Q&A/ Quiz/DVD clips.

## **Programme**

- Session 1** Exercise – How clients and workers show resistance and consideration of what works.  
Theory and methods when working with resistance.
- Session 2** The cycle of change. How to use with families and Individuals.  
Exercise- Practitioner’s ideas /feelings and their impact on approach with families.
- Session 3** Exercise- Motivational interviewing and responding to scenarios using M.I. techniques.
- Session 4** Exercise: Approaches when working with aggression & violence.  
Discussion/Summary on tools to assist and summary