

## **Domestic Violence levels 1 and 2**

A one day and two day course

This course provides an opportunity to explore a deeper understanding of domestic violence; it's prevalence; it's impact and how we work with it. Domestic violence is a very large safeguarding issue and in order to work with it we need to understand power and control issues and how they manifest in daily life for children and families. This course aims to also address assessment issues for everyone in family life.

### **WHO IS IT FOR?**

Any professional within the multi-agency network working with children and families and the two day course for any practitioner where assessment is an essential/key factor.

### **Learning Outcomes: One day Course:**

On completion of this course, participants will be able to:

- Gain an increased understanding of DV in terms of it's prevalence, power and effects.
- Gain a better understanding of how DV can impact on children's development.
- Gain an increased consideration of how it can impact with the role of parenting.
- Have an increased knowledge of the tools that can assist in assessment.

### **Learning Outcomes for a further 1 or 2 day course:**

Day 1 and 2 as a two day course: On completion participants will be able to:

- Understand the dynamics of domestic violence;
- Explain Barnardos Risk Assessment tool and the CAADA dash – and how to use them.
- Describe the impact of Domestic Violence on children to parents and help parents manage these conversations with children.
- Use safety plans to keep children and non-abusing parents safe;
- Understand what is needed to make safe decisions about contact;
- Have an opportunity to practice skills to interview mothers, children and perpetrators.

## **PROGRAMME**

### **ONE DAY COURSE:**

- Session 1** Exercise – Why child abuse happens  
Exercise exploring the nature of DV why it happens and definitions.
- Session 2** Teenage abuse  
culture issues  
Exercise - impact of DV on child development  
The role of resilience.
- Session 3** The 'battering cycle'/ traumatic bonding theory.  
Stockholm Syndrome (DVD clip).  
How to use this knowledge with children/families.
- Session 4** How to assess children/women and men.  
Handouts and tools. Caada dash and the Barnado's tool.  
Tools to assist and summary

### **TWO DAY COURSE:**

As day 1 + The following programme on day 2

- Session 1** Safety planning in different situations.  
Tools and scripts.
- Session 2** Where to meet 'victims' and why.  
How to interview children and tools we can use.  
The Caada form in a role play.  
Interviewing children about what they know.  
Large group discussion and feedback.
- Session 3** Interviewing perpetrators.  
Assessment exercise.  
Feedback to large group and discussion.
- Session 4** Contact issues and research evidence.  
How to help mothers talk to children.