

# DUAL DIAGNOSIS

*A one day course*

Despite being perceived as a difficult to manage group, those with dual diagnosis (co-existing mental illness and substance misuse problems) are a vulnerable group. Regardless of the fact that the precise nature of interactions will vary, people with a dual diagnosis, compared to people with a mental disorder alone, appear to have a worse prognosis with higher levels of service use and particularly frequent use of expensive resources

This course provides practitioners with a the opportunity to understand the nature of dual diagnosis and the challenges facing services, practitioners and service users alike, together with an opportunity to examine evidence for the use of helpful intervention strategies at all levels

**WHO IS IT FOR?** This course can be tailored to the needs of the particular professional group and is generally delivered in the care environment with particular emphasis on front-line workers.

**Timetable** (may be subject to amendment)

- Session 1** Introduction and overview  
Problems, definitions, myths and stereotypes  
Issues in dual diagnosis
- Session 2** Clinical implications of dual diagnosis  
Policy Guidance  
Service delivery issues explored
- Session 3** Substance Use and Mental Illness  
Overview of Psychosis / Substances
- Session 4** Service user engagement  
The process of Change  
Treatment principles  
Tools for the Toolbox  
Practical Interventions and sources of help and advice

## **Learning Outcomes**

On completion of this course, participants will be able to:

- Understand the nature and problems associated with Dual Diagnosis
- Understand the issues for service delivery, practitioners and service users
- Understand the principles of treatment engagement
- Understand the principle helping strategies and resources of help for people with dual diagnosis