

Safeguarding Adults – for Service Users

one day course

This course has been developed in response to the need in the community for an easy to understand programme that deals with issues around safeguarding and abuse. It is delivered in a user-friendly workshop format that takes into account the learning needs of the delegates, and provides a safe and positive atmosphere in which to cover some difficult issues. Activities are aimed at developing understanding in an active and creative way. At the end of the session, delegates will have put together their own folder of materials.

The course is all about relationships, what is ok and what is not ok.

Who is this course for?

This course is specifically designed for service users with learning disabilities, who want to know more about Safeguarding, and what to do if they are worried.

What the course covers

- What makes a good relationship between a Service User and a professional – like a PA, a carer or care worker
- Your right to exercise freedom of choice, and live in an abuse-free environment (house, flat or group home)
- What is the difference between bad practice and abuse?
- Who makes decisions about the everyday things we do, like what to eat or when to go to bed?
- The seven types of abuse – what are they?
- Who can be an abuser
- Who can you tell if you are worried that abuse is taking place?
- The seven “key principles”
- What happens if you tell a worker that you have been hurt or harmed?

Timetable (may be subject to amendment)

Session 1 Introductions
Confidentiality
The relationship between the worker or carer and the Service User
What is ok?
What is NOT ok?

Session 2 What is abuse? The seven types of abuse
If someone did one of these things to you, who would you tell?
Who gets to decide what you do?

Session 3 What is a “Vulnerable Adult”?
Who can do abuse or be an abuser?
What happens when you tell a worker that you have been hurt or harmed?
Who can you tell if it’s your PA/worker/carer who is harming you?

Session 4 Where can you go for support?
The seven key principles
Drawing things together

NB: All timings are flexible, depending on group need