

# Risk Assessment & Management

*A one day course*

Health and Social Care practitioners are faced with the enormous challenge of making demanding decisions about risk with the added pressure of working in a climate of limited resources and intense media and political scrutiny. One consequence of this is that instead of focusing on defensibility, practice can instead become defensive, contributing to a culture where 'back covering' becomes the priority and appropriate risks are not taken

This course provides practitioners 'at the coal face' with an understanding of the process and challenges of Risk Assessment and Management and offers suggestions as to how to achieve the delicate balance between the protection of individuals and respect for human rights and autonomy

**Who is it for?** This course can be tailored to the needs of the particular professional group and is generally delivered in the care environment with particular emphasis on front-line workers.

**Timetable** (may be subject to amendment)

**Session 1** Risk – an introduction. Exploring views and attitudes  
Problems associated with Risk Assessment and management  
The 'blame culture' explored and exposed  
'Normalising' Risk  
Assumptions and Hidden Agendas

**Session 2** Principles of Risk Assessment and Management  
Hazard, Risk, Likelihood and Severity  
Tools for Assessment in Social Care  
Key steps in Risk Assessment  
Risk from Service User/Patient and Carer perspective

**Session 3** Vulnerability Factors / Risk in specific client groups  
Risk management and capacity  
Mental Capacity Act and Human Rights Act

**Session 4** Positive Risk management  
Person centred Approaches  
The concept of the Defensible decision  
Risk, negligence and record keeping  
Balancing the Duty of care, Human Rights and Protection  
A system fit for purpose

## **Learning Outcomes**

On completion of this course, participants will be able to:

- Understand the 'language' of Risk – hazards, risk, likelihood and severity
- Understand the essential principles for supporting people in making decisions and managing risk
- Understand the relationship between choice, human rights and risk
- Understand the legal principles supporting risk and the concept of defensible decision making
- Appreciate the importance of accurate record keeping
- Demonstrate practical application of procedure in a number of case scenarios

## **Training Techniques**

Didactic teaching, group exercises/case studies, DVD clips, Q & A and discussion